



SAM 01.07

MAIN STAGE

MAIN STAGE 2

ESPACE VÉLO

HBX / TRX

14:30

CÉRÉMONIE D'OUVERTURE

15:00

LES MILLS
BODYPUMP

LES MILLS
RPM

HBX | **boxing**

16:00

LES MILLS
BODYATTACK

LES MILLS
sprint

HBX | **move**

17:00

LES MILLS
BODYCOMBAT

LES MILLS
RPM

18:00

LES MILLS
BODYBALANCE

LES MILLS
GRIT

HBX | **fusion**

21:15

SFF XGAMES (BAR LES CARLINES)



SUMMER FITNESS
FESTIVAL

summerfitness-festival.com