



MER 05.07

	MAIN STAGE	MAIN STAGE 2	ESPACE VÉLO	HBX / TRX
9:00	STRENGHT DVT	LES MILLS tone	LES MILLS RPM	HBX move
10:00	LES MILLS BODYCOMBAT	LES MILLS SH'BAM	LES MILLS sprint	HBX boxing
11:00	LES MILLS BODYSTEP	LES MILLS GRIT	LES MILLS RPM	HBX fusion
15:00	MINDFULL EXERCISE			
16:00	LES MILLS BODYATTACK	LES MILLS barre	LES MILLS sprint	HBX fusion
17:00	LES MILLS CORE	LES MILLS BODYJAM	LES MILLS RPM	HBX boxing
18:00	LES MILLS BODYPUMP	LES MILLS BODYBALANCE	LES MILLS sprint	HBX move
21:30	CLOSING NIGHT (DRESSCODE : SMART / ÉLÉGANT)			